

Are you worried a child may have an eating disorder?

Some signs to look out for:

- Noticeable weight loss
- Skipping meals and restricting diet
- Avoiding eating with others
- Visiting the toilet during or after meals
- Negative body image
- Pre-occupied with food
- Anxiety around food
- Excessive exercise
- Or other concerning changes in behaviour, emotions and physical health.

About us

The RDaSH Community Eating Disorder Service (CEDS) offers support to children, young people and their families who are experiencing moderate to severe eating disorders. The service provides community treatment in accordance with the National Institute of Clinical Excellence (NICE) guidelines for children and young people up to the age of 19 with a clinical diagnosis of an eating disorder.

The team has specialist knowledge in working with children and young people with an eating disorder and works closely with local health services and other agencies, including:

- General Practitioners
- Schools
- School Nurses
- Community Professionals
- South Yorkshire Eating Disorder Association (SYEDA)
- Acute Hospitals (e.g. paediatric wards)
- Specialist Eating Disorder Units

Our multidisciplinary team is made up of dedicated health professionals including specialist nurses, CBT and family therapists, dietitian, psychologists and psychiatrists who offer assessment and treatment in a variety of community settings as well as specialist consultation and advice for professionals.

Children & Young People's
CAMHS
Mental Health Services

Community Eating Disorder Service

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What we do

We provide early intervention, timely assessments and evidence-based individualised care to everyone requiring support from our service. We will see:

- Emergency cases within 24 hours
- Urgent cases within 7 days
- Routine cases within 4 weeks

We are working in partnership with SYEDA who will deliver education and awareness raising sessions for young people, their parents and professionals.

Contact us

If you would like further information or would like to discuss your concerns about a child or young person, you can contact us on:

Doncaster: (01302) 796191

North Lincolnshire: (01724) 408460

Rotherham: (01709) 304808

www.rdash.nhs.uk

You can also contact South Yorkshire Eating Disorder Association (SYEDA) on: (0114) 2728822
www.SYEDA.org.uk